

# 修道新介紹

(中英文版)

*An Introduction to  
the Cultivation of Tao*



禮運大同篇

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## 一、道的意义

道是宇宙的真理，所以道也可以稱為理，通常把兩個字連貫起來稱為「道理」。這個道是無形無相，無聲無臭，沒有辦法拿出來給大家看，也沒有辦法畫出來給大家看，但是宇宙沒有道的存在就沒有辦法延續。這個道在天叫做天理，在地叫做地理，在物叫做物理，在事叫做事理，在人叫做性理，也叫做良心。所以通常有句話：「天理對良心。」假如有人做事違背了天理良心，就罵他：喪盡天良，天良也就是天理良心的簡稱。

道是一種不變的真理，自從有這個宇宙天地以來，宇宙天地無時無刻不在變動，人與事也無時無刻在變更，只有這個道，經過千萬年永遠不改變。幾千年前的人得了道，成為了聖人、佛祖、大羅金仙，現在的人得了道也是照樣成聖人，成佛祖，成大羅金仙，再經過幾千年幾萬年以後得了這個道，也是照樣成聖成佛成仙。所以說：「知此道者，可以返本還源，成仙成佛，迷此道者，墜入輪迴苦，變成陰鬼。」這個道是回返先天的不二法門，簡單的話，要想回天堂西方極樂世界，除了求得先天大道以外，沒有第二條路了。

## 二、道的由来

古時候爲了求得先天大道，必須拋妻離子，放棄家業，單獨一人翻山越嶺，遍訪明師，因爲那時候大道屬於隱秘時期，要得道是很難的，只有暗中單傳獨授，所謂：「道不傳六耳。」就是說沒有辦法同時六隻耳朵一齊聽道，假使不是天仙佛子是不可能得聞天道的。現在因爲人心反常，世道敗壞，人類爲了競爭求生存，做了很多不道德，違背天理良心的事，獨怒了上蒼，所以降下劫數，要來淘汰收殺衆生，但是衆生之中還有少數的好人存在，如果不設法來保護這些好人，將來這些好人也被劫數收殺淘汰，那時就顯得天理不公平，所以在這種情況下，上蒼才降下天道，普傳人間，演變這道劫並降千載難逢的奇運，只要三生有幸，五世有修，祖先有餘德，如能得授引保師之牽引，自己獻出誠心誠意，自能有此機緣，得遇明師指點，求得天道，直指生死根源，明瞭人生的真諦，在世可以免劫，死後可以超生了死，這樣才不虛度此生。

## 三、道与教的差别

「道」是性理的本體，性理是我們的天根，性命的大源。得道可以瞭解生從什麼地方來，死後歸到什麼地方去，這是自古上天的最高機密，歷代聖人，佛仙雖得道，但也不敢輕易記錄洩漏在經書上，假



使不是上蒼的天命派下明師來傳道，要得道是很困難的，所以得道就是一指見性，直指生死根源，得之可以超生了死，成聖成佛，這是道與宗教不同的地方。

「教」是一種宗教，教育人們改邪心取正念，諸惡莫作，衆善奉行，使人們維持一個好的善良的心，以做將來得道的準備。但是宗教不傳「性理真傳」，所以只有做善將來得福報，而無法更進一步達到超生了死之境界，這就是道與教的效果之差別了。所以不論什麼宗教信仰的兄弟姐妹都有機會來求這超生了死的真天大道。

天道如大海，廣闊而深大，不分大小百川千河，不管清濁污水，皆容入大海而使其澄清歸一味，時值三期末劫，天道普傳在世間，不分宗教派系與人種，更不分富貴貧賤男女老幼，皆可求得大道，傳授超生了死妙方，願各方善男信女，立下大志，遍訪大道。

## 四、道的宗旨

### (1) 傳道脈一貫之心傳

天道是秉承歷代祖師心法傳授，有本有宗，有脈有源，不是左道旁門，更不是邪教白蓮教，是傳授超生了死之頓悟心法。

### (2) 啓人人本有之良心



每一個人來這個世界降生，必定要上天賦給一點靈性，也叫做佛性，然後才能生存於世，這一點佛性通常也稱為良心，所以每一個人應該都有良心的存在，但是日子一久，慢慢就忘記了，喪失了，所以所做出來的事情大部份都違背了良心，違背良心，其行為就是犯法，不道德，社會就不安定。天道的宗旨是指點人們良心的所在，使每個人都能發現自己的良心，而照良心去做事情。

### (3)復良知良能止於至善

不必經過思慮就知道是非善惡稱為「良知」，不必經過學習就能做出來且合乎道德標準稱為「良能」。這良知良能也就是上帝賜給我們的。但是我們生活在這物質文明社會裏，爲了物質的享受，往往不能知良知，不能行良能，而所想的，所做的都是自私自利的。天道的宗旨是要回復我們每一個人原有的良知良能，而希望能達到最完善最理想的境界。

### (4)遵四維綱常之古禮

四維：禮、義、廉、恥。

綱：三綱——君敬臣忠，父慈子孝，夫唱婦隨。

常：五常——仁、義、禮、智、信。

這些四維綱常是古時候的道德教育，古時候因爲有這些道德教育做基礎，所以民心純樸善良，人民過着太平盛世的日子。但是現在科學發達，人們只顧賺錢享受，早把這些古禮道德教育忘得一



乾二淨了。所以天道的教育也就是要人們遵從這些古禮，挽回人心向善。

(5) 闡五教聖人之奧旨

五教是儒教、道教、佛教、基督教、回教。這些宗教的教主都曾經領悟到宇宙的真理——天道，所以才能成為聖人，佛仙。他們把所領悟的真理暗藏於經書裏面，假使沒有得天道，要把這些經書裏面奧妙的真理解釋清楚是不可能的。現在天道降世，直授「性理真傳」，才能把古時五教聖人的秘傳奧旨解釋清楚，以做修道的依歸。

(6) 導人間為世界大同

這個人間世界至今尚無法過着真正太平的日子，因為國與國之間，人與人之間沒有道義的存在，所以強欺弱，弱肉強食，大國欺小國，到處有戰爭，到處有災劫。天道的宗旨在使人人恢復良心，國與國遵守道義，希望有一天這個世界真正達到太平盛世——世界大同。

天道無背景，無作用，無組織，無不良思想，與社會國家法律毫無抵觸，坦坦白白做人，誠誠實實做事；敬天地，禮神明，愛國忠事，敦敬崇禮，孝父母重師尊，信朋友和鄉鄰，改惡向善，去邪歸正，洗心滌慮，借假修真，恢復本性之自然，己立立人，己達達人，化人心為善良，挽世界為清平，最終達到世界大同。



## 五、求道的好处

### (1) 可以超生了死

超生了死就是超出陰陽，脫出輪迴，永住極樂世界，免了生生死死。何以必要超生了死呢？因為我們所住的這個世界是一個充滿苦痛的活地獄，也叫做苦海，無論是帝王，平民都有生、老、病死之苦，每人都有每人不同的煩惱，悲苦，辛酸及不幸的遭遇，所謂：「家家有本難念的經。」爲了要解脫這些痛苦，我們必定要超生了死，要超生了死一定要求道，得授明師指點超生了死之途徑，按步就班，先求道，再修道行道而達到成道。成道就是超昇天堂極樂世界，不再落閻王之手。

時屆三期末劫，真道降世，求得真道，誠心修道，將來一定達到超生了死之目的。

### (2) 可以改惡向善去邪歸正：

做惡事做邪事大部份是貪私偏邪，陰險狠毒，與法律人情抵觸，在生之時受法律制裁，死後受閻君宣判。得道以後找回本性良心，生發妙知慧，才能辨別是非曲直，善惡邪正，所做一切行爲皆能依此良心去做，皆能中肯中節，萬無一失了。所以只有求道才能真正改惡向善，去邪歸正誠然之事。



### (3)可以消禍劫解冤孽

俗語說：做善有善報，做惡有惡報。禍劫冤孽就是屬於惡報之類。為何有禍劫冤孽呢？都是因為人人違背良心做事，久而久之遂釀成古今未曾有之大禍劫的惡報。在個人方面隨時隨地都受着不同的冤孽所糾纏，在集體方面受着不同形式之災劫所制裁。

這些禍劫冤孽即然是違背良心而產生，也就是世人失道的緣故。所以要解消禍劫冤孽必定要來求道，尋回失去的良心，才能每做一事皆良心去做，且更進一步可以行功立德，來補償歷代的冤債。很多人來做很多道德良心的事，其結果在個人方面冤孽不解而自解，在大眾方面禍劫不消而自消矣。

### (4)可以改變命運

佛家說：「欲知前世因，今生受者是，欲知後世果，今生作者是。」由以上可知命運是自己前生註定的，而不是上帝安排的。有些人一降生就是大富大貴，有的人却一生貧賤悽慘，為什麼呢？當然是由於每個人前生做好事與做壞事的多少來決定的。我們知道這個原理，求道以後，繼續不斷行功立德，替天行道，代天宣化，不計功果久而久之前世的冤債被功德抵消，再更精進，更行功，這樣子個人的命運就由壞命運改變到好的命運了。



## 六、求道后修道的工夫

古時候修道要出家，如今三期末劫真道降世，救渡原人，普渡三曹，特命明師降世，指授「性理真傳」，又命千佛萬祖再到這個世界的每一角落降生，代天宣化，闡揚性理真道，明示修道捷徑，不必拋妻離子，放棄家庭，絕塵避世，在家夫婦子女可以同修，父母不失慈愛，子女不失孝順，夫婦不失道義，兄弟不失友愛，不論士農工商都可修道，一面修道，一面進行各人工作，叫做半聖半凡，如此容易簡便，這乃是上天愛子心切，大發鴻慈，大開恩典，使任何人都可以修道，婦女文盲都可以超生了死，文人士子得求學問，可以列入聖賢仙佛果位，有這種千載難逢的好機會，願我各界善男信女速下決心，立志修道。

修道的工夫在於己立立人，己達達人。己立、己達就是修養自己，改毛病，去疲氣，把一切不合乎道理的行為，不良的習慣，全部改過自新，使自己的基礎立得穩，使自己的修養工夫達到相當高的水準，久而久之而成為一個人格高尚的君子。立人，達人，就是自己已經立得正，已經達到相當高的水準，也希望將道理宣揚，把自己的心得報告給自己的親戚朋友，好讓他們也能和我一樣改過自新，達到高尚的人格，最後能同登極樂。

通常稱改過遷善，修養自身為內功，代天宣化，渡



人求道，勸人修道爲外功。現在三期末劫，天時緊急，很多善人尚未求道，所以特別注重外功，外功圓滿，內功自成。故目前修道以外功爲先，但自己行爲不正，人格不高尚，要渡人也是很困難，所謂：「正己始能化人」，則內功也是很重要的。總之大道修持的工夫要內外雙修，且內且外，亦內亦外則庶乎其不差矣！



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## THE MEANING OF 'THE WAY'

'THE WAY' is universal's 'Truth' or we may rename it as facts if we join them together, it will read as "THE WAY OF LIFE". 'TRUTH' has no shapes or images, neither has it any sound or smell. No one can show or draw out for us to see, but if this universe is lack of 'Truth', then the whole universe would never be able to continue or exist. In Heaven, we say the principle of the Heaven, On Earth, the principle of the Earth. In Objects we name it as the principle of Objects and in Man the nature of Man or we say the Conscience. When one had done wrong to a certain extent, we say that the person has lost his conscience.

'THE WAY' is 'TRUTH' that will never change, even the whole universe or even mankind is changing by and by but 'THE WAY' after thousands of year's back, Man has become Saints and Deity or Buddha when Man has found 'THE WAY' or 'TRUTH' of Life, even now when Man is able to gain the 'TRUTH', he will be able to become Saint as well and in the future, Man will still be able to turn himself to Saint or Deity if he has found the 'TRUTH' of Life. Thus the quotation states that 'If one is able to come to know about 'TRUTH', one is able to return to one's hometown — Heaven — to become Buddha, or Deity. But if one has lost one's contact with 'TRUTH', one will have to fall into Hell and become Devil.'

In order to simplify all the above, if we hope to return to Heaven, or to gain 'ETERNITY', we will have to attain 'TRUTH' or 'THE WAY' of Life first.

## HOW IS IT POSSIBLE FOR US TO GAIN 'TRUTH'?

In ancient times, people has to sacrifice its family and career to travel to mountainous region, to search for 'Great Teacher' in order to obtain the 'TRUTH' because during that



stage or generation 'TRUTH' is of vital secrecy, and it is very difficult to obtain. The only way is by means of passing from one to one only out of the whole universe.

At present, because Man has come to do more evil and cruelty in order to strive for one's own benefits, thus turning against one's conscience. This arouses God's anger with Man on earth and so God intended to send down punishments to destroy us. Fortunately, there are still some good ones and if these good people are not saved then God would be unfair, so 'TRUTH' is being revealed to the Earth. Only those whose ancestors had performed good deeds in the past, would be able to meet the 'RIGHT TEACHER' and be willing to accept with great faith so that they can recover the root of Life and Death. Then it will not be a waste to be a human being.

### THE DIFFERENCE BETWEEN 'THE WAY' AND 'RELIGION'

'THE WAY' being 'TRUTH's own body, 'Truth' is our Heaven's root, Life's beginning. When one has gain the 'Truth', one will be able to know whether where one comes from and when during death to return to the same origin. 'Truth' as from ancient time till now is Heaven's greatest secret. Although earlier Saints, Deity had found the 'Truth' but dare not carelessly note them down into the scriptures or Holy Bible. But now, it is with God's permission that God sent down the talented men to guide us, then we can easily obtain the 'Truth', or else it would be as difficult as getting the sun. Thus with one guidance which leads us to the understanding of the root between life and death. Then only one can ensure 'ETERNITY'. This is the only difference between 'THE WAY' and 'RELIGION'.

'RELIGION' is the teaching of good and kind, to turn into a righteous one so that one is being trained to keep up a kind heart, so as to be ready when 'Truth' is revealed to us. Religion does not revealed the 'Truth' to us but to prepare us for a better life in the future. Thus 'Truth' is being gifted to people from all



religions, in order that they will be able to gain 'ETERNITY' i.e. to return to Heaven. People of all rank will be allowed to join in, whether they be rich or poor.

### THE AIM OF "THE HEAVENLY WAY"

The aim of 'The Heavenly Way' can be defined into the following six parts:-

A) TO PROCEED WITH THE UNIQUE CONTINUATION OF 'THE HEAVENLY WAY'

'Truth' is spread according to ancient great teachers' unique procedure, with the original source and not of the false belief or of evil ground, but of superb, unique guidance to 'Eternity'.

B) TO POINT OUT THAT EACH INDIVIDUAL IS EQUIPPED WITH CONSCIENCE

Each individual when borne into this world, will be presented a soul from Heaven which one names it as one's 'Sacred Nature'. Only then is one able to survive in this Earth. This 'Sacred Nature' is commonly known as Conscience. Hence each one of us must possess conscience but as time passes, slowly this is forgotten and lost, therefore in whatever work one performs one tends to go against one's conscience. If one goes against one's conscience, it is then the act of committing crime and the world is unpeaceful. 'The Heavenly Way' is equipped with the aim of revealing oneself's position of 'Conscience' in order that one can recover back one's own conscience, and be able to perform one's duties accordingly.

C) TO RESTORE ONE'S INTUITION (INNATE IDEA) AND INSTINCT TO ITS BEST DEGREE

Without the necessity of thinking and yet be able to differentiate right from wrong and good from evil is known as 'Intuition', without the necessity of learning or training

and yet can perform to the standard of morality is known as 'Instinct'. Both Intuition and Instinct are presented by God. But having to live in this modernized world and due to matter's enjoyment, one is often unable to realise one's intuition and unable to act with instinct, and resulted in the act of selfishness. The aim of the 'Heavenly Way' is to restore one's originally possession of 'Intuition' and 'Instinct' so as to reach the degree of perfection.

D) TO KEEP THE ANCIENT LEADING PRINCIPLES OF LIFE

This is classified as Etiquette; Justice; Honesty of Loyalty; Filiality and Cooperation; Benevolence; Knowledge and Fidelity. All the above qualities are ancient teaching of morality. In the olden days, with these qualities as foundation, so the people were simple and kind, they thus lead a very peaceful life. However, now that science is so advance, mankind would also care to make one's own profit for enjoyment and has totally forgotten the ancient teaching of morality. Hence the guidance of 'The Heavenly Way' is to promote the practice of these above-mentioned principles and to maintain goodness.

E) TO ELUCIDATE THE SECRETIVE AIM OF THE FIVE SAINTS

The five religions being Confucianism, Taoism, Buddhism, Christianity and Islam. All the Saints of these religions have already gained the 'True Meaning' of this universe, thereby enabling themselves to become Saints and Fairies. They have hidden the 'Truth' of whatever they learned in all books of the religions, and if one has not gain 'The Heavenly Way', it is just impossible to explain the real meaning of the religious books. Now that the 'Heavenly Way' is allowed to be spread in this world, being able to be directly revealed, then only is one possible to explain clearly the 'Secretive Aim' of the five Saints, in order that one can



receive guidance through them.

#### F) TO DIRECT THE UNIVERSE TO HARMONY

In this earthly world of today, it appears that one has not actually lead a peaceful day, because even among countries or people, there is no existence of morality. Thus the strong bullies the weak, just as among countries, everywhere war arises and so is disaster. The target of 'The Heavenly Way' is to recover back one's conscience and country to keep up or maintain justice, hoping that one day this universe is able to restore peace and harmony throughout again.

'The Heavenly Way' has no background, no adverse purpose, no organisation, no ill thinking, no collision whatsoever with the world, countries or laws. The aim is to work sincerely, respect Heaven and Earth, love one's country and show loyalty. To treat one's parents with filiality, friends with sincerity and to transform from evil to good. One is able to make full use of the false self and bring benefits to the true in order to restore one's natural self as well as others and also to convince the community to being kind and succeed the state of universal harmony.

### THE BENEFITS OF GAINING THE 'TRUTH'

#### 1) TO GAIN ETERNITY

Gaining eternity means to be rid of the universe not having to incarnate to this world anymore, but to be back to the homeland — Heaven. Why do we want to gain eternity? The fact being that this world is full of sorrow and grief. It is just like living in the 'Earth of Hades'. or commonly stress as 'Sorrowful Sea'. Although one may be an emperor or a civil man, one still had to undergo birth, aged, sickness and death. Everyone has one's own worries and grieves, thus it is really necessary to gain eternity which one must be initialised by the 'Great Teacher' to understand the actual path of eternity.

## 2) TO ENABLE ONE TO TRANSFORM FROM EVIL TO GOOD AND WRONG TO RIGHT

Doing evil and wrong is mainly due to greed and selfishness, treacherous and cruelty, going against law and mankind. During lifetime, one would be punished by the law of the country and after death, by the authority of hell. But after one has re-found the 'Truth' and realised one's own conscience, and what is wrong and thus to turn over a new leaf.

## 3) TO ENABLE ONE TO AVOID CALAMITY

It is commonly understood that 'One who performs kindness will receive kind reward and one who performs evilness will receive evil result'. Apparently, calamity and disaster would befall on those who are evil. It is because that mankind acts against one's own conscience that resulted to this fatal calamity. This is also due to lost of morality. Hence, in order to avoid calamity, it is then necessary to gain 'The Heavenly Way' or 'Truth' so as to recover one's own conscience to guide oneself along the ideal way.

## 4) TO ENABLE ONE TO CHANGE ONE'S FATE

Fate is actually something that has already been installed into oneself according to the act of one's previous life and not what that is arranged by the 'Eternal Lord'. How could we explain when there are some who are borne with richness and some of poverty? Naturally, it is due to the fact that what one committed in one's previous life, is the cause of one's present state of life. Since one already understands this reason, then after one has gain 'THE WAY', it is natural that one should continue to behave well and act according to heaven's wish, so as to repent and to lessen



one's sin. Thus, as time passes, one will note that fate will slowly turn from bad to good.

### WHAT ONE SHOULD PERFORM AFTER GAINING "THE HEAVENLY WAY"

In the olden days, self cultivation had to be done out of the home into the forest region. But now at the third stage, 'The Heavenly Way' is revealed to us here, to save the lives of the righteous, with the help of the 'Great Teachers' being borne to this earth, to direct this 'heavenly Way' to us. Hence, one does not have to depart from one's home and family but to practise discipline with one's family. In this manner, parents can show their filiality, brothers and sisters can show their brotherly care and so are husbands and wives. This is because 'ETERNAL LORD' is very merciful to allow us to cultivate discipline, and obtain eternity. So one should clasp this valuable opportunity to cultivate discipline.

Disciplinary cultivation depends largely upon oneself to turn from bad tempers and habits to the perfect, so as to reach the high standard of quality and respect. Not only is one to turn thus but also to help one's friends and relatives to be as one by explaining to them the real meaning of life and finally enter the door of Eternity.

From this point of view, one should understand that it is essential for one to first upgrade the quality of oneself in order to convince others to do likewise. What is most important of all is that 'The Heavenly Way' or '( 天道 )' (in Chinese), must be seek and gained by all mankind now.

### GREAT HARMONY (TA T'UNG)

When the Great Way prevailed, the World Community was



equally shared by all. The worthy and able were chosen as office-holders. Mutual confidence was fostered and good neighbourliness cultivated. Therefore people did not regard as parents only their own parents, nor did they treat as children only their own children. Provision was made for the aged till their death, the adults were given employment, and the young enabled to grow up. Old widows, widowers, the orphaned, the aged and childless, as well as the sick and the disabled were well taken care of. Men had their proper roles and women their homes. While they hated to see wealth lying about on the ground, they did not necessarily keep it for their own use. While they hated not to exert their effort, they did not necessarily devote it to their own ends. Thus evil schemings were repressed, and robbers, thieves and other lawless elements failed to arise, so that outer doors did not have to be shut. This was called the age of Great Harmony.



Seun



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